



**APPLICATION PACKET**

**FOR**

**AMERICAN BOARD**

**OF**

**MEDICAL PSYCHOTHERAPISTS**

**AND**

**PSYCHODIAGNOSTICIANS**

## STATEMENT OF PURPOSE

### American Board of Medical Psychotherapists and Psychodiagnosticians An Interdisciplinary Consortium Of Health Professionals

In 1982, an interdisciplinary organization, the American Board of Medical Psychotherapists and Psychodiagnosticians was developed in order to offer certification review and training to a wide range of professionals practicing psychotherapy with medical and/or psychiatric populations. With the trend toward more generic forms of licensure and certification throughout health care specialties in the United States, Canada, Western Europe and Australia, it has become increasingly important for all professionals to identify their most salient area(s) of expertise in practice. The American Board of Medical Psychotherapists and Psychodiagnosticians, through its credentialing, review and continuing education programs, offers the public, medical, psychiatric and academic institutions, health care professionals, employers, judicial system and insurance carriers a mechanism for identifying well-qualified professionals who are highly trained in the application of medical psychotherapy with seriously emotionally/mentally impaired patients.

Medical psychotherapy is not the sole province of one profession or specialty and, for this reason, the American Board of Medical Psychotherapists and Psychodiagnosticians (ABMPP) is truly interdisciplinary in nature. Certification is offered, but will not necessarily be limited to psychiatrists, psychologists, clinical social workers, nurses, professional counselors and other practitioners who meet high standards for the practice of medical psychotherapy and/or psychodiagnostics.

There are two levels of certification: (1) Clinical Associate and (2) Fellow and Diplomate. Each will require an appropriate degree for clinical practice (e.g., M.S.W. for social workers, Ph.D. for psychologists, etc.), three years of supervised experience in medical psychotherapy, etc., three professional letters of reference, one representative work sample (i.e. transcript of therapy session, assessment report, treatment plan review, professional publication, etc.), application form and vita. The Fellow and Diplomate distinction will be awarded to those meeting the above criteria and demonstrating a total of six years of supervised experience (depending upon internship or residency). All application materials, including work sample, will be reviewed by several members of the ABMPP Professional Advisory Council. In addition, written and oral examinations are necessary following the time-limited grandfathering period. Those applicants who have been approved as Board Certified Clinical Associates may re-apply for Fellow and Diplomate status after a period of no less than six months following the provision of well-documented evidence of addressing any deficiencies or other areas in need of

remediation or additional experience and training.

To retain Board Certification at any level by the ABMPP, one must strictly adhere to local, state and federal laws and regulations which apply to the individual as a person and professional. They must also carry out their professional practices in accordance with the highest ethical standards and codes available within their profession, both at a state and national level (i.e. psychiatrists - American Medical Association Code of Ethics and state medical association Code of Ethics; psychologists - American Psychological Association Code of Ethics and state psychological association Code of Ethics, etc.). If no written Code of Ethics or set of standards is available to the individual who is certified by the American Board of Medical Psychotherapists and Psychodiagnosticians (through his/her professional affiliation), it will be that person's responsibility to adhere to appropriate ethical standards developed by the most closely related professional field and to report such difficulties to the Executive Council of the American Board of Psychotherapists and Psychodiagnosticians. Failure to comply with any regulations of the American Board of Psychotherapists and Psychodiagnosticians may result in a reprimand, suspension or revocation of certification. It is also understood that the American Board of Medical Psychotherapists and Psychodiagnosticians and its affiliates assume no responsibility for the activities or actions of Certified Clinical Associates and Fellows and Diplomates.

Retention of Board Certification at all levels will also require proof of 14 hours of appropriate continuing education credits (or equivalent formal self-study) each year from a recognized educational institution or organization. Sufficient continuing education courses will be made available to all Clinical Associates and Fellows and Diplomates of the American Board of Medical Psychotherapists and Psychodiagnosticians at each of the annual ABMPP conferences.

*The American Board of Medical Psychotherapists and Psychodiagnosticians is dedicated to the prevention and alleviation of human suffering, conflict and psychopathology. It is our aim to fulfill these goals through applying high standards to our professional credentialing procedure and encouraging interdisciplinary excellence in the performance of medical psychotherapy services and related methods of behavioral change and assessment.*

## ABMPP CERTIFICATION PROCESS

1. A complete set of application materials must be submitted (including professional resumé and the names and addresses of at least three professional references). The Board reserves the right to request additional information.
2. A fee of \$400 (issue payment to ABMPP) must accompany application. If application is not approved, \$375 will be refunded. Written examination is not required of those who complete application process within 90 days. A nominal annual renewal fee is required to maintain board certification.
3. Those approved will receive the following:
  - A. A registered certificate and pin designed for ABMPP attesting to the individual's national certification status.
  - B. Reduced fees for all continuing education programs sponsored by ABMPP.
  - C. Reduced fee for each annual ABMPP conference and other training events held in the U.S. and elsewhere.
  - D. Free listing in the ABMPP National Directory of Medical Psychotherapists and Psychodiagnosticians.
  - E. Free copy of the ABMPP National Directory of Medical Psychotherapists and Psychodiagnosticians.
  - F. Free publications and mailings of ABMPP including the newsletter (The Medical Psychotherapist) and highly acclaimed journal (Advances in Medical Psychotherapy and Psychodiagnostics).

Those who are approved as board certified Clinical Associate may re-apply for Fellow and Diplomate status after a period of no less than six months by providing well-documented evidence addressing any deficiencies or areas in need of remediation or additional experience and training. A nominal re-application fee for processing is required.

**BIOGRAPHICAL INFORMATION**  
(Please type or print, use reverse side if necessary)

PLEASE RETURN TO: American Board of Medical Psychotherapists and Psychodiagnosticians  
1483 N Mt Juliet Road #175  
Mt Juliet TN 37122

I am applying for (check one):

\_\_\_\_\_ Certification as Clinical Associate

\_\_\_\_\_ Certification as Fellow and Diplomate  
(requires minimum 6 years relevant post  
graduate work experience)

First name, Middle Initial, Last Name: \_\_\_\_\_

Street, City, State, Zip Code: \_\_\_\_\_

Telephone(s): \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Present Affiliation (title/institution/or private practice):

College Degree(s) (date awarded/institution):

Current Valid License and/or Certification (state):

Area(s) of Specialty:

Professional Memberships:

Relevant Experience (be specific regarding medical psychotherapy):

American Board Member Services 1483 N. Mt. Juliet Road #175  
Mt. Juliet, TN 37122  
Telephone: 629-255-0870 Fax 615-269-9980

Writings (published or in progress), Research, Relevant Teaching/Training or Consulting Experience:

Professional References (provide name and E-mail address of at least 3):

Have you ever had a certificate, license, or other professional credential suspended or revoked?

(Check one): YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, please explain:

I, the undersigned, hereby make voluntary application to the American Board of Medical Psychotherapists and Psychodiagnostics (ABMPP). I understand and agree that in making application to, and/or accepting certification by the American Board of Medical Psychotherapists and Psychodiagnostics that I will first honor and comply with all local, state, and federal laws and regulations which apply to me as a person and as a professional and that I will conduct myself in a manner consistent with the highest level of professional ethics. I agree to be bound by the regulations of ABMPP if I am awarded certification and that failure to do so may result in suspension or revocation of my certificate. I affirm the information I have provided to ABMPP is true and accurate. I agree to function within the limits of my competence. I further understand and agree that ABMPP and its affiliates assume no responsibility for any of my activities or actions.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

Type or print name as you wish for it to appear on certificate, if awarded:

\_\_\_\_\_  
Please enclose current curriculum vita or resumé

#### COMPLETED APPLICATION CHECKLIST

- \_\_\_\_\_ Completed application materials
- \_\_\_\_\_ Curriculum vita or professional resumé
- \_\_\_\_\_ Three professional references (please include complete e-mail address)
- \_\_\_\_\_ A representative work sample (e.g., a case study, a psychodagnostic report, grant proposal, publication, original training document, transcript of therapy session, course taught, etc.) relevant to your professional activities as a medical psychotherapist and/or psychodiagnosticsian.
- \_\_\_\_\_ \*Application fee of \$400 issued to ABMPP (or MC/VISA information including type of card, name as it appears on card, card number and expiration date): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\*A single lifetime membership fee of \$1200 will exempt one from all future renewal fees.

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